



# **Flagstaff Intergroup Newsletter**

## **August 2021**

**Flagstaff Intergroup** is made up of one representative from each of the Flagstaff area Groups plus other AA members with service commitments. Intergroup meetings.

**We meet on zoom the second Monday of every month at 6pm.**

**Meeting ID: 845 8940 7739 Password: Intergroup**

*Does your group have an Intergroup Rep?*

Intergroup maintains:

- a current meeting list for Flagstaff and surrounding areas
- a hotline where those reaching out can be connected or get information
- a Central Office to sell books, pamphlets, and chips
- our website [www.flagstaffaa.org](http://www.flagstaffaa.org)
- a list of AA members willing to do 12 Step work
- special events as possible
- coordination with the local District
- and this newsletter of course

## **Seniors in Sobriety**

This month's Grapevine is focused on Seniors in Sobriety. This growing population, whether sober for decades or just beginning, sometimes has special needs and accessibility issues. There are more and more SIS meetings around the country and at least one convention (see below). As the Grapevine shares, "senior members have their own challenges as they grow older in AA and may have had an especially rough year due to the pandemic, isolation, grief, loss, health concerns, and difficulties with technology." GSO has an Accessibility and Remote Communities desk and they've seen an increase in contacts from seniors.

Should Flagstaff have an SIS meeting?

**Don't Forget – the Preamble has officially changed: it now starts "Alcoholics Anonymous is a fellowship of people who share their experience, strength, and hope." Has your Group updated your Preamble?**

Please announce in your meetings, and share with your friends-

### **Delegate's Report**

September 4 11-2 in the Phoenix Bldg

**Arizona State Convention (zoom)**

September 10-12 [area.03.org](http://area.03.org)

**Seniors in Sobriety (zoom and in person)**

October 17-20 Bahia Hotel San Diego

[seniorsinsobriety.com](http://seniorsinsobriety.com)

**Hotline Volunteers and 12 Step Call Volunteers are needed - when anyone, anywhere reaches out we want the hand of AA always to be there, and for that we are all responsible. Volunteers are also needed in the our all new Central Office. We are also in need of a Hotline Coordinator.**

**Your Intergroup Rep has info on how to volunteer.**

**Addresses for Contributions**

Flagstaff Intergroup  
P.O. Box 31205 Flagstaff, AZ 86003-1205

District 03-301  
PO Box 53 Flagstaff, AZ 86002

AZ Area Committee  
PO BOX 3691  
Gilbert, AZ 85299  
www.area03.org

General Service Office  
Box 459  
Grand Central Station  
New York, NY 10163  
www.aa.org

**Intergroup Treasurer's Report**

Beginning Balance	\$1614.68
Income	
Happy Hour	\$750.00
Early Birds	600.00
Individual	20.00
From Lit Acct*	1,105.00
Total	\$2475.00
Expenses	
CO Rent	\$300.00
Hotline	27.50
CO Internet	164.77
CO Phone	34.06
Ans Service	<u>114.30</u>
Total	\$640.63
Ending Balance	\$3,449.05

\*Group contributions mistakenly deposited in lit account earlier this year

Contributions may be made online to both Area and GSO

**Tradition Eight:** Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.

- In my own AA life, have I any experiences which illustrate the wisdom of this Tradition?
- Is my own behavior accurately described by the Traditions? If not, what needs changing?
- Have I paid enough attention to the book Twelve Steps and Twelve Traditions?

**From the Traditions Checklist**

**Concept Eight:** The trustees are the principal planners and administrators of overall policy and finance. They have custodial oversight of the separately incorporated and constantly active services, exercising this through their ability to elect all the directors of these entities.

- Do we understand the relationship between the two corporate service entities (A.A. World Services, Inc., the A.A. Grapevine) and the General Service Board?

**From the Concepts Checklist**

A newcomer was couch-surfing at his sponsor's house for a few days when he noticed a task list on the refrigerator. After reading the first item, "Cleans up after himself," the newcomer said aloud, "I do that!"

He then read the next item: "Brushes teeth without being asked," and said, "Yeah, I do that, too!"

"Goes to bed without creating a fuss," was the third item. "I do that," said the still wet one.

It was then that he looked up and read the heading at the top of his sponsor's list: "Things that our 4-year-old does."

*From the Grapevine, used by permission Are you a Grapevine subscriber? Does your Group have a subscription?*