

**Flagstaff Intergroup Minutes  
November 11, 2024**

**Present:** Aaron, Charles, CT, Daniel D., Daniel G., Dennis, Lori, Mark, Marrianna, Michael V., Nancy, Rachel, Rich, Shannon

**Called to Order:** 6:01 PM

**Moment of Silence, Serenity Prayer, Intergroup Preamble** (Mark)

**Article 5 – Election of Officer** (Dennis)

**Secretary’s Report** (Shannon)

Motion to Accept – Aaron, 2<sup>nd</sup> Nancy–Motion passed.

**Treasurer’s Report** as of 10/31/24 (Daniel)

	<u><b>10/31/2024</b></u>
<b>Business Saving Account (Prudent Reserve)</b>	<b>\$ 4,012.26</b>
\$0.26 dividends/withholdings	
<b>General Funds Account</b>	<b>\$ 1,962.88</b>
<b>Literature Account</b>	<b>\$ 830.36</b>

Motion to Accept – Dennis, 2<sup>nd</sup> – Nancy, motion passed.

**Central Office Report** (VACANT) –

**Literature Repost** (Dennis via email)

- Ordered approximately \$700, sold \$166

**Newsletter** (Marrianna)

- Newsletter test sent out and added to the website.
- Looking for suggestions on what to include.
- Why do we need a newsletter? What should be in it? Who reads the newsletter?  
Suggestions: events, step of the month, tradition of the month, Grapevine inserts shared stories, etc.
- Quarterly, monthly, etc.

**Website** (Aaron)

- Newsletter was added with link
- Events added: PLBB Workshop, Winslow AA Potluck, Meeting Updates
- Web hosting has been migrated.

**Hotline** (Rhonda) Absent - No updates

**Special Events (CT/Dakota):**

- Decide # of events, what they are and when.  
(Examples: Founder's Day, AA Alcathon, etc)
- PLBB Workshop 11/23/24 12-3pm Flag Naz
- Bring PLBB inventory to workshop to use/sale for attendees.
- Dennis to bring literature rack.
- CT has a flyer for the workshop.

**Unity Chair (Rachel)**

- Will reach out to the Freedom House and Happy Hour.

**IG District Liaison (Michael V):**

- Positions available – will get a more comprehensive list
- Good financially
- Looking for soft cover Big Books for the hospital (mental health area)
- Winslow event went well.
- Attended the Casa Grande November Assembly.

**Al-Anon Liaison (Marrianna) – Changing officers at the end of the year. No events planned.**

- Shared PLBB Workshop

**Group Announcements:**

**Aaron – Early Birds in Person, Mon-Fri 6:45 AM, Our Lady of Guadalupe Church**

- Doing well, regular attendance – high all summer 15-20 attendees
- Started a new theme for Monday morning meeting: Language of the Heart

**Daniel G. – Young Peeps, Sunday, 7pm Flag Naz**

- Good attendance

**David – (absent no updates)**

**Aqape Group, Saturday 9AM, Episcopal Church on Beaver Speaker Meeting upstairs**

- Speaker group 25+ minutes
- First Three Steps Group (Formerly Back 2 Basics), 7-8 people, meet outside
- Sunday night step study still meeting, (online Zoom only)
  
- Prime Time Live, Nightly 8-9pm (Zoom)  
Meeting ID: 234 918 361 Passcode: 12345  
Need a secretary, IG rep, District rep

**Dennis – New Secular Group – steady group on Fridays**

- Focus on atheist, agnostic, free thinkers.
  
- Attended Noners group recently and they didn't know what Intergroup was. Trying to figure out what to do with their funds.

**Charles** – Men's Wolf Pack, Tues & Thurs 7pm, Church of the Nazarene

- 30-45 Tuesday, 10-20 Thursday
- Scheduling more events with upcoming holidays

**CT** - Happy Hour meeting, Nightly 5:30pm, Unity Church & Online (Zoom)

Meeting ID: 928 928 1234 Passcode: 928 928 1234

- Friday speaker meetings, Regular Attendance
- Business Mtg Next Monday
- Meditation Mtg Sundays at 11am Flagstaff Federated Church 7-10 in attendance

**Lori C** - Grateful Dames, 10am Tuesday, Trinity Heights United Methodist Church

**Nancy:** Women's Solutions, Wednesday 6:15pm, Federated Church & Online (Zoom)

- o Good Attendance
- o 7<sup>th</sup> tradition distributed
- o Business meeting this week
- A member started a book raffle from AA literature, each month. Great engagement.
- November Business mtg, change positions to keep the group fresh/no complacent.

**Rachel** – Women's Book Study, Friday 6:15pm, Federated Church & Online (Zoom)

- Fellowship afterwards
- Hosted dinner Halloween weekend. 25-30 attendees
- Small group, but some new attendance and those with long sobriety.
- 7<sup>th</sup> tradition support
- Quarterly business meeting coming up.

**Rich:** Acceptance Group, M-F 9:30am, Federated Church & Online (Zoom)

- Attendance is good, 12-15 people, Donations are steady.
- New Treasurer

**Shannon:** Flagstaff Early Birds Online, Daily 7am, (Zoom)

ID: 599 355 1376 and password: is not required

- Good attendance, average 25-30
- Mon – Speaker Meeting      Tues – Living Sober      Wed – Meditation  
Thurs – 12 & 12                  Fri – Big Book                  Sat & Sun – Topic/Discussion

### Groups with No Reports:

**Jason G:** Bone Crushing Juggernauts, Saturday 10AM, Unity Church

**Larry:** Sunset Group 6pm nightly

- Very young sobriety, hard to get speakers

**Rhonda** – Living Sober Saturday 12pm, **Zoom** 9289281234

- Attendance is 4-6 on average, some attendees have close to 50 years sobriety.
- Noon Noners, M-F 12pm, Federated Church good attendance.
- Women's Acceptance Group, 6:15 PM Federated Church and zoom

- Young Peep's, 7 PM, Church of the Nazarene

**Old Business:**

Intergroup has discussed the past several months filling the Central Office Coordinator position. Several members met with Larry who has volunteered.

- Dennis nominated Larry to be the Office Manager, Aaron 2<sup>nd</sup> the position.

**New Business:**

**Motion to Close:** CT 2<sup>nd</sup> – Nancy. Motion passed.

Responsibility Statement read.

***I am responsible...when anyone, anywhere reaches out for help, I want the hand of AA always to be there, and for that I am responsible.***