

Minutes for August District Representative Meeting 8/27/26 (DRAFT)

Attendees: Bob, Cindy, Judith, Marilyn, Mary K, and Bernice (online)

The meeting opened with the Serenity Prayer

2026 AA Convention- Bob attended the speaker events at the convention and reported that the Al Anon speaker was good and so was the AA Speaker who gave the talk in Spanish with an English translator and dinner was good too!

Acceptance of Minutes from Prior Meeting July 2026 Judith motioned to accept; Cindy seconded, all were in favor.

Member Shared Experience Strength and Hope. Mary Kriste talked about her experience.

Consider Reaching Out to Others

Bernice shared insights from her involvement in anti-drug education, highlighting that alcohol is no longer the most commonly used drug in the United States, especially among younger people who engage in poly-drug use. She suggested that Al-Anon should expand its focus beyond alcohol to address other substances and addiction issues, as many families seeking help do not have problems solely involving alcohol. Bernice mentioned a documentary called "THC, Inc" that we might be interested in. In further discussion members talked about keeping meetings focused on alcohol addiction while being inclusive of people with different substance abuse experience.

Meeting List Coordinator- Marilyn spoke to prior to the meeting Bernice, who volunteered to pass out 200 meeting lists. We talked about the need for other flyers among them "Are You Affected by Alcoholism?" and "Detachment" It was discussed and decided that we would allot \$100 for flyers and that Judith would contact Kim about ordering.

New Business-

It was mentioned that some meetings are having concerns. The Wednesday meeting is needing to look for a new place.

Event Coming Up ...75th Anniversary of Al Anon

Movie: When Love is not Enough, the Lois Wilson Story

Place: Peace Lutheran, 3430 N. Fourth St. Flagstaff, AZ 86004

Date: October 24

Time: 4 PM to 6 PM

District will supply movie snacks and canned drinks will be available for \$1

Mary Kriste will make the flyer after date is confirmed.

Next Meeting: Sept. 24 6:00 pm Joe C Montoya Community Center 245 N Thorpe Road 86001

Mary Kriste

